



## Hadfield Infant School - Medium Term Progression

<b>Subject - Physical Education</b>	<b>Term - Spring 3</b>
<b>Curriculum Content</b>	
<b>Year 1</b>	<b>Year 2</b>
<p><b>Gymnastics</b>            To travel confidently and competently on different parts of the body, including hands.            To hold still balances positions on large or small body parts.            To link balances together.            To adapt floor work safely onto apparatus.</p> <p><b>Non-locomotive skills - First Funs</b>            To explore actions and shapes.            To travel in different ways, changing direction and speed.            Hold still shapes and simple balances.            Move around, under, over and through different objects and equipment.            Perform a range of actions and body parts with some co-ordination and control.</p>	<p><b>Gymnastics</b>            To travel and balance confidently showing different parts of the body, high or low.            To show contrasts in shape and speed.            To link movements together smoothly in a planned sequence.            To adapt and transfer work safely from the floor to the apparatus.</p> <p><b>Non-locomotive skills - First Funs</b>            To hold a still shape whilst balancing on isolated parts of the body.            Jump in a variety of ways and land with increased control and balance.            Move with increasing control and care.            Link a variety of actions and movements.            Perform sequences of their own composition with co-ordination and increasing control.</p>
<b>Vocabulary</b>	
Balance, apparatus, sequence, speed, level, direction, partner, mirror, follow, copy, repeat, shadow, shape, perform, travel, turn, jump, pathway, link, remember, safely, co-ordination, control, positional language - under, over, through, around.	Travel, balance, shape, speed, direction, sequence, safely, apparatus, control, care, co-ordination, movement, tuck, pike, roll, star, straddle, climb, stretch, take off, landing, sequence