

Hadfield Infant School PE Curriculum 2024– 2025

At Hadfield Infant School we feel that a high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. We aim to develop competence for children to excel in a broad range of physical activities, ensure they are physically active for sustained periods of time, engage in competitive sports and lead healthy and active lives.

Reception Curriculum Map for Physical Education

	The Seaside	Festivals	Superheroes	Kings, Queens & Castles	Patterns	The Farm
Time	8 weeks	7 weeks	6 weeks	5 weeks	6 weeks	7 weeks
Year R	PE – Sticky Kids	PE – Sticky Kids				
	Write Dance Spatial Awareness Listening to and following instructions	Write Dance Body movements Putting a sequence together	Gymnastics Sequences – travel, balances, jumps ABC	Gymnastics Sequences – travel, balances, jumps ABC	Athletics Sport's Day Practise RJTC & ABC	Games Throwing and catching Creating games RJTC & co-ordination
	Continuous out-door provision & Funky Fingers	Continuous out-door provision & Funky Fingers	Continuous out-door provision, Funky Fingers & Skipping	Continuous out-door provision, Funky Fingers & Skipping	Continuous out-door provision & Funky Fingers	Continuous out-door provision & Funky Fingers

Key Stage 1 Curriculum Map for Physical Education

	This is me	Wildlife	Dinosaurs	Spring	Pets	Space
Time	8 weeks	7 weeks	6 weeks	5 weeks	6 weeks	7 weeks
Year 1						
	Games Throwing catching, partner work RJTC & co-ordination	Gymnastics Bouncing, jumping and landing ABC and Jumping	Gymnastics Travelling and balances ABC	Athletics RJTC & ABC	Games Group games and inventing rules RJTC	Athletics Sport's Day Practise RJTC & ABC
	Yoga Flexibility, strength, coordination, and body awareness ABC	Dance Actions, gestures and expression ABC	Skipping To use hula hoops and skipping ropes to bend, stretch, twist and turn ABC	Boot-camp Circuit training and skipping A, R and co-ordination	Dance Exploration of movements and body shape.	First Funs Skills Balances ABC
	Planet Protectors	Time Travel	Super Humans/Athletes	Explorers/Survivors	Mad about Minibeasts	Ocean Adventures
Year 2						
	Games Throwing and catching Creating games RJTC & co-ordination	Gymnastics Travelling and balances ABC	Gymnastics Sequences – travel, balances, jumps ABC	Athletics RJTC & ABC	Invasion Games Attacking and Defending Aiming and Shooting RJTC	Athletics Sport's Day Practise RJTC & ABC
	Yoga Flexibility, strength, coordination, and body awareness ABC	Dance Travelling, changing speed, partner work RJ & ABC	Skipping To use skipping ropes and hula hoops to bend, stretch, twist and turn ABC	Boot-camp Circuit training and skipping A, R and co-ordination	Dance Telling a story, responding to music ABC, RJ	First Funs Skills Balances ABC

R – Running

J – Jumping

T – Throwing

C – Catching

A – Agility

B – Balance

C – Co-ordination