

Hadfield Infant School PE Curriculum 2021 – 2022

At Hadfield Infant School we feel that a high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. We aim to develop competence for children to excel in a broad range of physical activities, ensure they are physically active for sustained periods of time, engage in competitive sports and lead healthy and active lives.

Reception Curriculum Map for Physical Education

	The Seaside	Traditional Tales	Superheroes	Kings, Queens & Castles	Patterns	The Farm
Time	8 weeks	7 weeks	6 weeks	6 weeks	5 weeks	7 weeks
Year R	PE – Sticky Kids	PE – Sticky Kids		Bike-ability		Forest Schools
	Write Dance Spatial Awareness Listening to and following instructions	Write Dance Body movements Putting a sequence together	Gymnastics Sequences – travel, balances, jumps ABC	Gymnastics Sequences – travel, balances, jumps ABC	Athletics Sport's Day Practise RJTC & ABC	Games Throwing and catching Creating games RJTC & co-ordination
	Continuous out-door provision & Funky Fingers	Continuous out-door provision & Funky Fingers	Continuous out-door provision, Funky Fingers & Skipping	Continuous out-door provision, Funky Fingers & Skipping	Continuous out-door provision & Funky Fingers	Continuous out-door provision & Funky Fingers

Key Stage 1 Curriculum Map for Physical Education

	This is Me!	British Wildlife	Dinosaurs	Spring	Pets	Space
Time	8 weeks	7 weeks	6 weeks	6 weeks	5 weeks	7 weeks
Year 1		Forest Schools		Forest Schools	Cricket	
	Games Throwing catching, partner work RJTC & co-ordination	Gymnastics Bouncing, jumping and landing ABC and Jumping	Gymnastics Travelling and balances ABC	Athletics RJTC & ABC	Games Group games and inventing rules RJTC	Athletics Sport's Day Practise RJTC & ABC
	Yoga Flexibility, strength, coordination, and body awareness ABC	Dance Actions, gestures and expression ABC	Non-locomotive skills To use noodles and hula hoops to bend, stretch, twist and turn ABC	Boot-camp Circuit training and skipping A, R and co-ordination	Dance Exploration of movements and body shape.	First Funs Skills Balances ABC
	Forest Schools		Forest Schools			Orienteering
Year 2	Planet Protectors	Time Travel	Super Humans/Athletes	Explorers and Survival	Mad about Minibeasts	Ocean Adventures
	Games Throwing and catching Creating games RJTC & co-ordination	Gymnastics Travelling and balances ABC	Gymnastics Sequences – travel, balances, jumps ABC	Athletics RJTC & ABC	Invasion Games Attacking and Defending Aiming and Shooting RJTC	Athletics Sport's Day Practise RJTC & ABC
	Yoga Flexibility, strength, coordination, and body awareness ABC	Dance Travelling, changing speed, partner work RJ & ABC	Non-locomotive skills To use noodles and hula hoops to bend, stretch, twist and turn ABC	Boot-camp Circuit training and skipping A, R and co-ordination	Dance Telling a story, responding to music ABC, RJ	First Funs Skills Balances ABC

R – Running

J – Jumping

T – Throwing

C – Catching

A – Agility

B – Balance

C – Co-ordination